

T Level in Health - Supporting Healthcare: Supporting the Therapy Team

Location	Altrincham Campus
Course Type	College 16-18
Department	Health & Social Care
Start Date	Tuesday 1st September 2026
Course Code	AFP-HS3T-1200

Course Overview

In your first year you will study a range of core competencies covering the core principles of what is required to become a practitioner within Health and Social Care. In your second year you will study and gain specific core competencies in Supporting the Therapy Teams. You will be assessed through exams, employer set projects, controlled assessments and practical skill tests. As part of achieving the overall T Level programme you will complete a substantial industry placement with an external employer, a minimum of 315 hours industry placement.

Course Requirements

5 GCSE's at grade 4 or above including maths, English Language and Science.

What You Will Learn

You will learn how to help registered practitioners to deliver healthcare services to adult patients in a variety of settings. Accordingly, you will become proficient at carrying out a range of clinical and non-clinical healthcare or therapeutic tasks that are required in a healthcare setting. Training will equip you to follow standards, policies and protocols in order to provide high quality, compassionate healthcare to the best of your ability. As a Healthcare Practitioner it is essential to treat people with dignity, to respect an individual's diversity, beliefs, culture, needs, values, privacy and preferences, and to show respect for those you work with but have the courage to challenge any areas of concern.

Assessment

Exams

Employer Set Projects

Controlled Assessments

Practical Skills Tests

Progression

Successful completion of this course can lead to progression into higher level study, an apprenticeship or employment in the Health sector.

Career Options

Ambulance support worker

Healthcare support worker in a health setting

Senior healthcare support worker in a health setting

Emergency care assistant

Maternity support worker

Newborn hearing screener

Domiciliary Care Worker

Social Care Worker

Mandatory Units

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- Working within the health and science sector
- Health, safety and environmental regulations in the health and science sector
- Managing information and data within the health and science sector
- Good scientific and clinical practice
- Core science concepts
- The healthcare sector
- Providing person centred care
- Health and wellbeing
- Further science concepts
- Health and safety regulations applicable in the healthcare sector

Optional Units :

- Carry out a range of therapeutic techniques to support Allied Health Professionals
- Assist the therapy support process and provide advice to help individuals develop and improve their health and/ or develop or maintain skills for daily living
- Prepare and maintain the therapeutic environment, equipment and resources for use
- Infection prevention and control in health specific settings
- Managing personal information

Contact Details

For further information please contact T: 0161 886 7070 or E: info@trafford.ac.uk

Disclaimer

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.