

Level 1 Certificate in Introduction to Health, Social Care and Children's and Young People's Settings

Location	Altrincham Campus
Course Type	College 16-18
Department	Health & Social Care
Start Date	Tuesday 15th September 2026
Course Code	AFP-CC1C-1100

Course Overview

Completing this nationally recognised course is an excellent way to kick-start your career in child care, it introduces you to looking after children and starting your career.

The course is a combination of vocational units, personal and social development units and functional skills.

You will study topics including:

- Caring for Babies and Young Children
- Physical Activities for Young Children
- Creative Activities for Young Children
- Musical Experiences for Young Children

Course Requirements

4 GCSE's at Grade 2 or above (including maths and English Language).

What You Will Learn

Training is delivered by experienced specialist tutors. You will be expected to undertake a full week of work experience as part of the course.

Course related exhibitions and trips will be made during the course.

Assessment

You will be assessed by coursework, assignments and a creative folder.

Progression

On completion of the Level 1 Certificate - awarded by Council for Awards in Care, Health & Education, you can progress to the NCFE Cache Diploma for the Early Years Practitioner - Level 2, other Level 2 courses or Childcare Apprenticeship Level 2.

Career Options

Healthcare Assistant, Nursery Worker

Mandatory Units

Introductory Awareness of Health and Safety in Health, Social Care and Children's and Young People's Settings

Contact Details

For further information please contact T: 0161 886 7070 or E: info@trafford.ac.uk

Disclaimer

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.